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Essential Oils Guide

Amber

5ml \$14.00

Angelica (Angelica Archangelica)

Origin: France

Extraction: Steam, Plant Part: Root.

Balances emotions and assists in the release of stored negative emotions. Encourages estrogen production, Regulates menstruation, Eases menstrual pain. Eases asthma, bronchitis, shortness of breath. Restores sense of smell, Stimulates appetite, Aids white blood cell formation.

Energetically: Opens Chakra 7 & 8 Balances 4 & 5.

Application Suggestions: May be applied but not limited to the following: Flex points on each shoulder, bottom of feet or in a foot bath, inhalation and diffusing.

Not for use during pregnancy or if diabetic. May be photo-sensitizing avoid direct sunlight after use.

1ml \$14.50

Ajwan (Trachyspermum ammi)

5ml \$5.00 10ml \$8.00

Basil, Sweet (Ocimum Basilicum)

Origin: USA

Extraction: Steam, Plant Part: Leaves & Flower Tops.

Contains anti-viral, anti-inflammatory and anti-bacterial properties. Relieves migraines, sinus congestion. Promotes clear thinking, strengthens memory, reduces stress & mental fatigue, increases confidence, decisiveness & positive thoughts. Good for nausea (even after chemotherapy) & indigestion. Insect bites.

Energetically: Chakra's 2 & 6.

Application Suggestions: May be applied but not limited to the following: 2nd chakra in a clockwise direction, On temples & tip of nose, Directly on bites & stings. May be added to food & water for dietary supplement. In cases of fatigue, inhale then apply to crown of head, forehead, navel & heart area.

Not for use during pregnancy. Do not use if epileptic.

5ml \$5.00 10ml \$8.00

Note: The above information is for educational purposes only. It is not provided with the intention to be a substitute for medical, spiritual or emotional care from a qualified professional.

Also, it is important to note that the use of essential oils in the Energy Works process provide a a bridge for the individual until the root of the problem is recognized and released. For example, if you choose to try the oils Jasmine or Neroli for depression, it is important that the individual work through the root cause of this problem rather than treating the symptom.