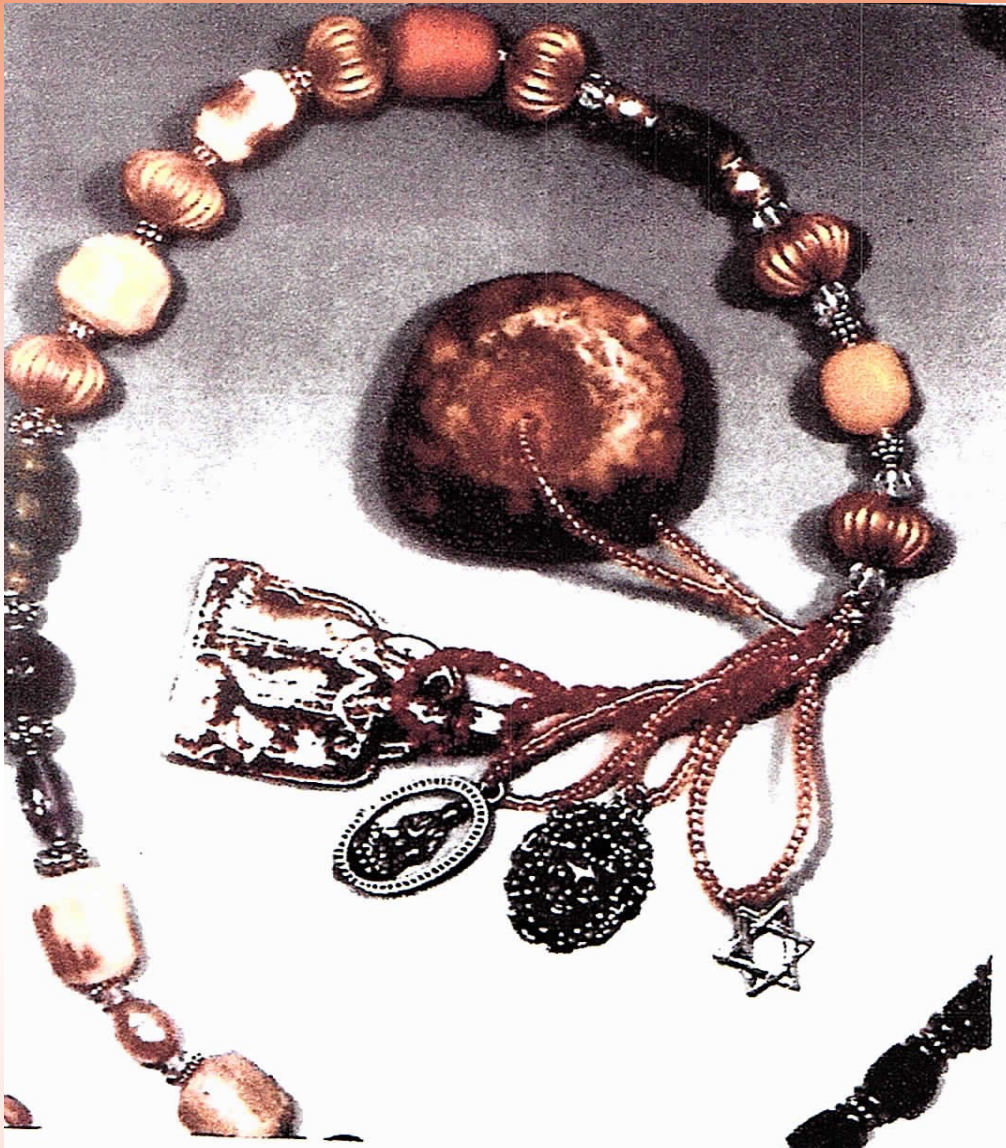


O Come All Ye Prayful...

A Bead, A String & A Prayer Workshop



Beads become prayer beads when making them and using them as a part of a meditation practice. Learn how to make your own beads, their history and ways to use them. This is your creativity so you can add any elements that have meaning to you.

Facilitator: Diane DelPiano RN CNHP and Reiki Master

When: December 9th or 16th

Fee: \$60 per session

Where: The Center for Wellness

1 Hoffman St. Auburn, NY 13021

Materials are provided